

# AARP THE NEWSLETTER

WEST ESSEX 131

November 2015

IMPORTANT AARP NUMBERS  
(973) 707-3037

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Beginning with the January 2016 newsletter we will only email newsletters. Please include an email address when you renew your membership.

**FROM THE PRESIDENT...**

Stanley White took the school supplies that were collected from the membership to the Human Needs Pantry in Montclair. Thanks to all especially Freda McLean.

A (SHIP) State Health Insurance Program counselor will talk about Medicare at the November 2nd Membership Meeting to be held at the Montclair Public Library, right next door to the United Way Building.

Special thanks to Joan Odom, Helen Stephens, and Joanne Stivale for coordinating the Health Fair and Flea Market at the October membership meeting. Joanne Stivale donated baked cookies, brownie, cakes, and other goodies. I donated baked brownies, hot dogs, and rolls. Jean Jimenez donated baked pound, and molasses cake. Helen Stephens donated a full table of clothing and other items for the Flea Market.

Thanks to the representatives from various agencies, the executive board members, committee chairpersons, and Clarence Booker for all their work in helping to make this event successful.

The nurse from Mountainside Hackensack was very busy taking blood pressures and doing glucose testing. A presentation was given by Peggy Brodowski, nurse from the Montclair Health Dept. and Emily Zelner from the Mental Health Association of Essex County. Rutgers- University of Medicine and Dentistry had to cancel on the day of the event. Their public relations person did come and take pictures. Rose Faison R.N., Joan Odom's cousin helped out with taking blood pressures.

Please remember to send or bring your \$10.00 (13.00 non members) for December 7th the Holiday Social (see flier).

On Thursday, Nov 5 ,2015, the Montclair Senior Citizen's Advisory Committee (S.C.A.C.) – along with co-sponsors: Lifelong Montclair; NJTIP @ Rutgers; the Montclair Department of Health & Human Services; and Aging in Montclair, Inc.- will sponsor its fifteenth annual Seniorama, 10AM – 2PM, at George Inness Building (Montclair HS Annex) The Atrium, N. Fullerton Ave. Montclair This year's event will focus on age-friendly transportation.

### For Your Calendar:

Monday, Nov. 2nd 10AM - Executive Board Meeting at the Montclair Library.

Monday, Nov. 2nd 12:30PM – Membership Meeting at the Montclair Library. S.H.I.P. counselor presentation on Medicare and other insurance questions.

Thursday, Nov. 5th 10AM –Seniorama, George Inness Building (Montclair HS Annex)

Monday, Dec. 7th 12:30PM - Holiday Social at the United Way Building Montclair

Thursday, Nov 26th - Million Man Thanksgiving Dinner for the sick and shut-ins. Contact Pat Demming to volunteer or to contribute.

Gail Johnson  
President

## MEDICARE FOR 2016

By Joanne Stivale

We are happy to welcome Angela V. McNight, The Carepreneur. She is the Founder & CEO of the 501(C)3 nonprofit organization AngelaCARES, INC. The motto of this company is “A Passion to Care. The Ability to Help.” Their mission is to serve as an advocate and support system for senior citizens, their caregivers, and a mentor to the youth by educating and empowering them to volunteer. It is committed to strengthening communities by enhancing the quality of life through the generations.

Ms. McNight will be speaking at the AARP West Essex Chapter 131 meeting on November 2, 2015 at 1:00 p.m at the Montclair Public Library Auditorium regarding the changes in “Medicare for 2016”. Since the new enrollment period extends from October 15, 2015 to December 15, 2015 our members will be obtaining first hand up to date information on these changes from Ms. McNight.

Don't miss this important topic on Medicare coverage for 2016. Our meeting is open to the community. Come and bring a friend.

## COMPUTER CLASSES

### COMPUTER CLASSES:

AARP CHAPTER 131 will offer two new computer classes starting in October 2015

Classes are free and will be held at the Montclair Public Library on Tuesday and Thursday on BASIC WINDOWS AND BASIC INTERNET/EMAIL

If you are interested in registering for a class please see Pat Demming at the October meeting.

## BREAKING NEWS

By Joanne Stivale

**BREAKING NEWS:** There will be NO Cost of Living Adjustment (COLA) for Seniors receiving Social Security benefits in 2016.

COLA is legislation enacted in 1973 to provide for cost-of-living-adjustments to allow Social Security and Supplemental Security income benefits to keep pace with inflation. The Social Security Act specifies a formula for determining each COLA. COLAS are based on increases in the Consumer Price Index for Urban Wage Earners and Clerical Workers (CPI-W). CPI-Ws are calculated on a monthly basis by the Bureau of Labor Statistics.

A COLA effective for December of the current year is must be more than the percentage increase in the average CPI-W for the third quarter of the current over the average for the third quarter of the last year in which a COLA became effective. The last year in which COLA became effective was 2013. Therefore, figures used were of the CPI-W for the third quarter of 2013. Additional information can be found in the internet at <http://www.socialsecurity.gov/OACT/COLA/latestCOLA.html>

Many attempts have been made to change the formula but to date none have been successful.

Call and email your representatives in District 10, Senator Robert Menendez, can be reach at:

Newark Office: (973) 645-3030

Washington, DC: (202) 224-4744, or on the internet.

Senator Cory Booker can be reached at [SenatorBooker.com](http://SenatorBooker.com) or call (202) 224-3224;

and Representative Donald Payne, [NJ10Dpima@mailhouse.gov](mailto:NJ10Dpima@mailhouse.gov)

or at (973) 645-3213;

and Rep. Rodney Frelinghuysen

Morristown Office: (973) 984-0711

Washington, DC: (202) 225-5034

Let them know how vital these Cost of Living Adjustments are to your daily life in purchasing power for food, rent and other necessities.

## THE LATEST IN LOCAL and STATE NEWS:

The Montclair Police Department launched its Drug Drop Box initiative on Friday, October 9, at 4:00 p.m. Residents can now dispose of all outdated and no longer used pharmaceuticals/medications in the lobby at Police Headquarters. This program was organized in conjunction with the Essex County Alcohol and Drug Abuse program to raise awareness of prescription and over-the-counter drug abuse.

Representative Donald Payne has been active in securing federal funding for New Jersey's 10th Congressional District for several municipalities. The 10th Congressional District encompasses the towns in the following counties: Essex, Hudson and Union Counties. Specific towns can be found in the internet under 10th Congressional Districts in New Jersey.

Newark Fire Department was awarded a \$7.4 million grant for Staffing for Adequate Fire and Emergency Response (SAFER)

Department of Justice has award a \$4,357,166 funding to enhance public safety in East Orange, Essex County and Jersey City and provide needed officers to reduce crime and improve public safety.

Representative Donald Payne in conjunction with Congressman Bill Pascrell (NJ-09) and Congressman Albio Sires (NJ-08) are urging the U.S. Department of Health and Human Services (HHS) to shift federal resources to help residents in northern New Jersey enroll in health coverage through the Affordable Care Act.

HHS announced \$67 million in three-year-navigator grants to 100 organizations located in 34 states but not to Passaic and Hudson counties, two of the areas most in need of enrollment. They are requesting HHS to consider shifting navigator resources to counties not currently covered throughout the three-year period.

Rep. Payne is also cosponsoring the JOB! JOBS! JOB! Act of 2015 to fight unemployment and improve the nations infrastructure. This is an update of President Obama's American Jobs Act. A bill that would create up to 1.9 million jobs and boost economic growth by two percent.

It appears our representatives are working on various projects and legislation. But, let us finish as we began. Call, write, email your representatives and petition for a review of the Cost of Living Adjustment legislation for Senior Social Security and Supplement Security Benefits or in the alternative, an overall increase in Social Security benefits.

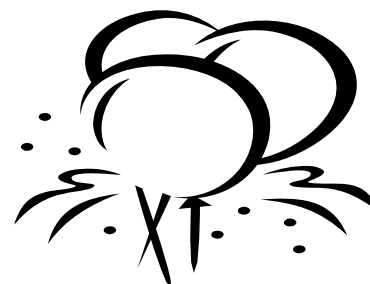
*New Members: As of October, 2015*

*Brenda Burwell, East Orange, NJ*

*Helen Conley, Montclair, NJ*

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## *November 2015 Birthdays*



### Nov 1

Ruthie Greene  
Lacellda Hanson

### Nov 3

John Ryan

### Nov 4

Marie Jackson  
Fay B. Marks

### Nov 5

Boris Kwaloff

### Nov 7

Elma Royster

### Nov 9

Clarice J. Wilkerson

### Nov 11

Helen O. McLeod

### Nov 12

James Nash

### Nov 13

Josephine Janifer

### Nov 16

Wilhemina S. Dover  
Ellison  
Brenda Encarnacion  
Margaret Johnson

### Nov 17

A. Adam  
Jean C. McCarthy  
Annie G. Parker

### Nov 18

Arlene McDuffie

### Nov 20

Anita Clark  
Marcelle Gaia

### Nov 21

Barbara Kozam  
Jane Sanders  
Carol Steen  
Rose Teutsch

### Nov 23

Prescilla M. Witte

### Nov 24

Gloria Matthews  
Lorraine Wilkinson

### Nov 25

Barbara Chase

### Nov 27

Jacqueline V. England  
Gertrude Johnson

### Nov 29

Marion DeGroat

### Nov 30

Josephine Ruotolo



COME ONE COME ALL!  
 AARP HOLIDAY PARTY FESTIVAL  
 MONDAY, DECEMBER 7, 2015  
 12:30 PM TO 3:00 PM  
 60 SOUTH FULLERTON AVENUE  
 UNITED WAY BUILDING MONTCLAIR, NJ  
 MEMBERS \$10.00 - NON-MEMBERS \$13.00



**AARP West Essex Chapter 131**

**Holiday Party Festival will be held on Monday, December 7, 2015**

**12:30 pm to 3:00 pm at the United Way Building**

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

\$10.00 Member(s) \_\_\_\_\_ \$13.00 Non-Members(s) \_\_\_\_\_ Total \$ \_\_\_\_\_

**Checks should be made payable to AARP and mail coupon and check to:**

**AARP Chapter 131- United Way Building, Attention: Gail Johnson**

**60 South Fullerton Ave., Montclair, NJ 07042**

**OR BRING TO THE MONTHLY MEETING**



**REMINDER!**

If you have not paid your Chapter dues for 2015 contact Patricia Demming, Membership Chairperson.

**REMINDER!**

Please remember to bring can food donations to our monthly meeting for the Human Needs Pantry!

*William J. Ewing, P.C.*  
Counselor at Law

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## Contact Us

### AARP CHAPTER WEST ESSEX 131

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[AARPchapter131@earthlink.com](mailto:AARPchapter131@earthlink.com)

[www.AARPWestEssex.org](http://www.AARPWestEssex.org)

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## AARP MEMBERSHIP IN THE WEST ESSEX CHAPTER 131

To join a local chapter you must belong to the NATIONAL AARP. Membership dues in Local Chapter 131 are \$13.00 per person per year. Dues are for the calendar year January - December 2015. Please make check payable to: WEST ESSEX CHAPTER 131 AARP and mail to:

AARP  
60 South Fullerton Ave  
Montclair, NJ 07042  
Attention: Patricia Demming, Membership

Or bring to the AARP monthly meeting.

RENEWAL

NEW MEMBERSHIP

CASH

CHECK # \_\_\_\_\_

NAME: \_\_\_\_\_ NATIONAL # \_\_\_\_\_

ADDRESS: \_\_\_\_\_ TOWN: \_\_\_\_\_ ZIP: \_\_\_\_\_

BIRTHDAY (Optional): \_\_\_\_\_ PHONE #: \_\_\_\_\_

CELL # \_\_\_\_\_ EMAIL: \_\_\_\_\_

DATE: \_\_\_\_\_



NAME: \_\_\_\_\_ Contact #: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Please check the following committees/activities on which you are willing to serve:

Volunteer (Community Service)	_____	Health	_____
Membership	_____	Program	_____
Advertisement	_____	Nominating	_____
Hospitality	_____	Newsletter	_____
Bus Trips	_____	Literature	_____
Legislation	_____	Education	_____
Public Relations	_____	Other	_____

## RE M I N D E R !

# DON'T FORGET YOUR 2015 CHAPTER DUES

Published for the members of:

**West Essex  
Chapter 131 AARP**

By Thomas Reynolds  
TReynolds@GreenStoriesLLC.com

**SAVE THE DATE!**

- November 2 - Executive Board Meeting - Montclair Public Library Auditorium, 50 S. Fullerton Ave, Montclair - 10:00 am
- November 2 - Membership Meeting - Montclair Public Library Auditorium, 50 S. Fullerton Ave, Montclair - 12:30 pm.
- November 3 - Election Day. Polls open, 6am-8pm
- November 10 - Caregivers Coalition Meeting - Verona Community Center - 9:30 am  
*This is a United Way effort that our chapter supports. The meetings are held the second Tuesday of the month.*
- December 7 - Holiday Party - United Way Building - 12:30 pm - 3 pm.  
*\$10/Members, \$13/Non-Members, See flyer inside newsletter*

## **AARP “The Power to Make it Better”**

**Vol. 2, No. 9, 2015 Circulation Manager, Stanley White**

**AARP Chapter West Essex 131**

60 South Fullerton Avenue  
Montclair, NJ 07042

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