

AARP THE NEWSLETTER

WEST ESSEX 131

March 2016

IMPORTANT AARP NUMBERS
(973) 707-3037

President

Gail Johnson #801

Vice President / Legislation

Joanne Stivale #807

Treasurer

Stanley White #802

Secretary

Sharron Allen #803

Driver Safety

Penny Corum #800

Membership

Patricia Demming #805

Advertising

Hospitality

Barbara Crawley #809

Rosalie Bey

Mary Ellen De Bose

Public Relations

Social Committee

Sunshine

Volunteering

Jim Morello #809

Lillian Johnson #809

FROM THE PRESIDENT...

The presentation last month by Jeanette Parham on “How’s Your Memory” was very informative. She advised us to keep the brain active by doing activities such as reading, listening, crossword puzzles, playing a musical instrument, traveling and learning new things.

Thanks to AARP Membership committee member Nadine Pryor for directing the Black History skit at our meeting last month. Also, thanks to those members who participated.

On February 23-24 2016, Gail Johnson, Sharron Allen, Lilian Johnson, and Joanne Stivali were invited to join AARP NJ staff and other volunteers in a special two-day Organizing for Social Change training to learn more about Direct Action Organizing (DAO). The topics for the two day training included: Understanding relationships of power, Choosing and cutting issues, Developing effective strategy, Membership and leadership development, Planning effective tactics, and Building and maintaining coalition, This training included short and long term goals, analyzing resources, determining those who are for/against you and how to communicate and get your message out.

After completing the Workshop, everyone received a “Certificate of Appreciation” and an informative book, Organize Organizing for Social Change Midwest Academy Manual for Activists.

Christine Newman, AARP NJ Associate State Director for Community Outreach has started a monthly volunteer open line call. The next call will be March 16th at 5:30pm-6:15pm. The calls will be held the third Wednesday of each month from 5:30-6:15pm and are an opportunity to hear updates/news, ask questions, and share ideas. Dial in #:866-215-3402. Code: 4523902

Hopefully, you like our new location at the Montclair Public Library. The facilities are nice and well maintained.

Remember effective January 1, 2016, we stopped mailing things out. It was just too expensive. Instead we use email. If you have any problems with email, talk to any AARP member.

Gail Johnson
President

UPDATE ON STATE AND NATIONAL LEGISLATION

By Joanne Stivale

STATE

New Jersey State Senator Steve Sweeney submitted a proposal to raise New Jersey's minimum wage to \$15 per hour through a constitutional amendment. The proposal will mirror legislation introduced by NJ Representatives Frank Pallone and Bonnie Watson-Coleman.



NATIONAL

The Supreme Court struck down the "Clean Power Rule". This mandate by the Environmental Protection Agency, implemented reductions in carbon dioxide emissions from coal fired plants. The White House unveiled the Clean Power Rule in August 2015 to combat climate change.

The Supreme Court will reviewed another challenge to the Affordable Care Act. This is the third time a legal case has been brought before the Supreme Court.

The Supreme Court will consider a legal challenge to President Obama's overhaul of the nation's immigration rules. It will examine the reach of presidential power as it decides the fate of one of his most far-reaching executive actions. The court's decision could redefine the balance of power between Congress and the president.

During his seven years in office President Obama has taken unilateral action on gun control, gay rights, minimum wage, conception and climate change.

There are many other legal cases before the Supreme Court such as: abortion rights, affirmative action, public unions, voting rights and religious liberty.

This new President elected in November may well be a deciding factor in the appointment of a supreme court judge to replace Antonin Scalia. Positions are already being taken as to when the appointment should occur, during President Obama's term or after the November election. Remember a Supreme Court Judge is in for life.

We will all have a say on the new Supreme Court Judge when we cast our vote in November. Be informed as to the position of all candidates running for offices, in local, state, and national positions for they will decide the direction of our lives for the next 4-8 years and beyond.



Supreme Court Justice Antonin Scalia's courtroom chair is draped in black to mark his death. Courtesy of J. Scott Applewhite/AP

THANK YOU FOR PROTECTING OUR RETIREMENT SAVINGS, SENATOR BOOKER

Repost from AARP New Jersey: <http://states.aarp.org/thank-you-for-protecting-our-retirement-savings-senator-booker/>

Senator Cory Booker is one of a handful in Congress who is fighting tirelessly to protect Americans and their retirement savings. Over the last several months, Senator Booker has helped to save a proposed rule that would make it illegal for financial advisers to give you retirement advice that is not in your best interest.

Do you have a 401k, an IRA or have you ever gone to a financial expert for advice? Then this applies to you. Most financial advisers are professionals who work hard and ethically on your behalf. However, according to one estimate, bad advice from not-so-honest financial advisers is costing Americans up to 25% of their hard-earned retirement savings. They line their pockets with fees that should be going toward your retirement savings.

New Jersey voters should call Senator Booker's office, and thank him for protecting Americans' hard-earned retirement savings.

LEXOPHILIA - WHO ON EARTH DREAMS THESE UP?

Why, a lexophile of course!

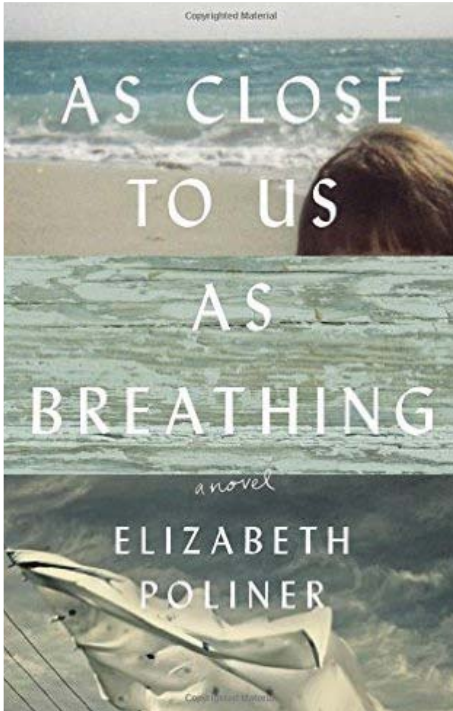
- How does Moses make tea? Hebrews it.
- Venison for dinner again? Oh deer!
- A cartoonist was found dead in his home. Details are sketchy.
- I used to be a banker, but then I lost interest.
- Haunted French pancakes give me the crêpes.
- England has no kidney bank, but it does have a Liverpool .
- I tried to catch some fog, but I mist.
- They told me I had type-A blood, but it was a Typo.
- I changed my iPod's name to Titanic. It's syncing now.
- Jokes about German sausage are the wurst.
- I know a guy who's addicted to brake fluid, but he says he can stop any time.
- I stayed up all night to see where the sun went, and then it dawned on me.
- This girl said she recognized me from the vegetarian club, but I'd never met herbivore.
- When chemists die, they barium.
- I'm reading a book about anti-gravity. I just can't put it down.
- I did a theatrical performance about puns. It was a play on words.
- Why were the Indians here first? They had reservations.
- I didn't like my beard at first. Then it grew on me.
- Did you hear about the cross-eyed teacher who lost her job because she couldn't control her pupils?
- When you get a bladder infection, urine trouble.
- Broken pencils are pointless.
- What do you call a dinosaur with an extensive vocabulary? A thesaurus.
- I dropped out of communism class because of lousy Marx.
- All the toilets in New York 's police stations have been stolen. The police have nothing to go on.
- I got a job at a bakery because I kneaded dough.
- Velcro - what a rip off!

LIBRARY CORNER

Montclair Public Library

AS CLOSE TO US AS BREATHING

By Elizabeth Poliner



A MULTIGENERATIONAL FAMILY SAGA ABOUT THE LONG-LASTING REVERBERATIONS OF ONE TRAGIC SUMMER BY “A WONDERFUL TALENT [WHO] SHOULD BE READ WIDELY” (EDWARD P. JONES).

In 1948, a small stretch of the Woodmont, Connecticut shoreline, affectionately named “Bagel Beach,” has long been a summer destination for Jewish families. Here sisters Ada, Vivie, and Bec assemble at their beloved family cottage, with children in tow and weekend-only husbands who arrive each Friday in time for the Sabbath meal.

During the weekdays, freedom reigns. Ada, the family beauty, relaxes and grows more playful, unimpeded by her rule-driven, religious husband. Vivie, once terribly wronged by her sister, is now the family diplomat and an increasingly inventive chef. Unmarried Bec finds herself forced to choose between the family-centric life she’s always known and a passion-filled life with the married man with whom she’s had a secret years-long affair.

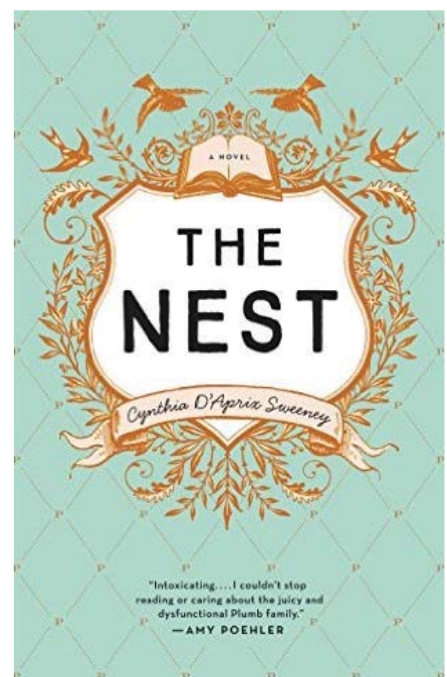
But when a terrible accident occurs on the sisters’ watch, a summer of hope and self-discovery transforms into a lifetime of atonement and loss for members of this close-knit clan. Seen through the eyes of Molly, who was twelve years old when she witnessed the accident, this is the story of a tragedy and its aftermath, of expanding lives painfully collapsed. Can Molly, decades after the event, draw from her aunt Bec’s hard-won wisdom and free herself from the burden that destroyed so many others?

THE NEST

By Cynthia D’Aprix Sweeney

A warm, funny and acutely perceptive debut novel about four adult siblings and the fate of the shared inheritance that has shaped their choices and their lives.

Every family has its problems. But even among the most troubled, the Plumb family stands out as spectacularly dysfunctional. Years of simmering tensions finally reach a breaking point on an unseasonably cold afternoon in New York City as Melody, Beatrice, and Jack Plumb gather to confront their charismatic and reckless older brother, Leo, freshly released from rehab. Months earlier, an inebriated Leo got behind the wheel of a car with a nineteen-year-old waitress as his passenger. The ensuing accident has endangered the Plumbs’ joint trust fund, “The Nest,” which they are months away from finally receiving. Meant by their deceased father to be a modest mid-life supplement, the Plumb siblings have watched The Nest’s value soar along with the stock market and have been counting on the money to solve a number of self-inflicted problems.



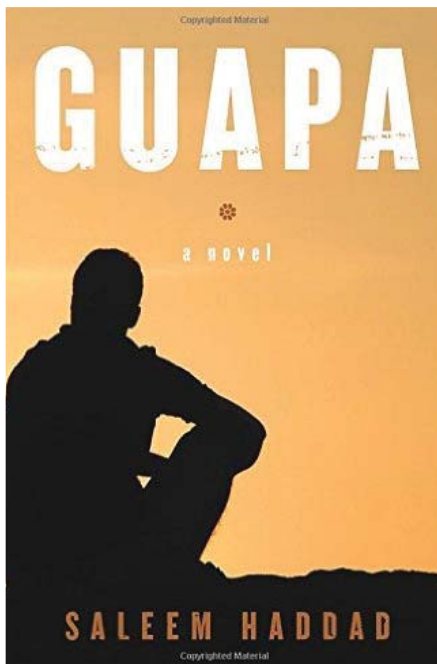
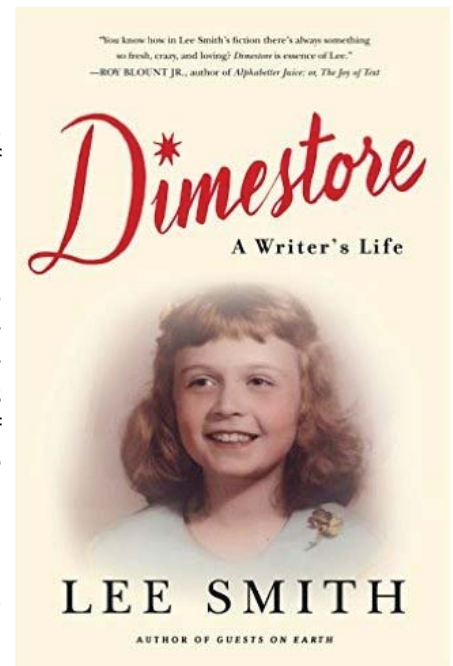
DIMESTORE: A WRITER'S LIFE

By Lee Smith

For the inimitable Lee Smith, place is paramount. For forty-five years, her fiction has lived and breathed with the rhythms and people of the Appalachian South. But never before has she written her own story.

Set deep in the mountains of Virginia, the Grundy of Lee Smith's youth was a place of coal miners, tent revivals, mountain music, drive-in theaters, and her daddy's dimstore. It was in that dimstore--listening to customers and inventing adventures for the store's dolls--that she became a storyteller. Even when she was sent off to college to earn some "culture," she understood that perhaps the richest culture she might ever know was the one she was driving away from--and it's a place that she never left behind.

Dimstore's fifteen essays are crushingly honest, wise and perceptive, and superbly entertaining. Smith has created both a moving personal portrait and a testament to embracing one's heritage. It's also an inspiring story of the birth of a writer and a poignant look at a way of life that has all but vanished.



GUAPA

By Saleem Haddad

A DEBUT NOVEL THAT TELLS THE STORY OF RASA, A YOUNG GAY MAN COMING OF AGE IN THE MIDDLE EAST

Set over the course of twenty-four hours, *Guapa* follows Rasa, a gay man living in an unnamed Arab country, as he tries to carve out a life for himself in the midst of political and social upheaval. Rasa spends his days translating for Western journalists and pining for the nights when he can sneak his lover, Taymour, into his room. One night Rasa's grandmother — the woman who raised him — catches them in bed together. The following day Rasa is consumed by the search for his best friend Maj, a fiery activist and drag queen star of the underground bar, Guapa, who has been arrested by the police. Ashamed to go home and face his grandmother, and reeling from the potential loss of the three most important people in his life, Rasa roams the city's slums and prisons, the lavish weddings of the country's elite, and the bars where outcasts and intellectuals drink to a long-lost revolution. Each new encounter leads him closer to confronting his own identity, as he revisits his childhood

and probes the secrets that haunt his family. As Rasa confronts the simultaneous collapse of political hope and his closest personal relationships, he is forced to discover the roots of his alienation and try to re-emerge into a society that may never accept him.

Welcome New Members

Diana Mendheim, Montclair, NJ

Marsha Dennard, East Orange, NJ

Jacqueline Clark, East Orange, NJ

Marvin H. Parker, Bloomfield, NJ

February 2016 Birthdays



February 2

Fannie Garrett
Margaret Ruotolo

February 15

Nova Costa

February 27

Frank G. DelPrete
Barbara McMillan

February 3

Betty Johnson
Eloise Greene

February 17

Lucie rieger

February 28

Catherine Mulroe

February 6

Edna C. Anselm
Dorotheal Rosenberger
Viola M. Simpson
Viola D. Thomas

February 18

Cora Cherry
Lynet Gaia
Beulah Gordon
Betty Sparks

February 10

Esther Gavin

February 19

Mary Barnes
Roscita M. Garcia
Jay O'Brien
Mary Williams

February 11

James. E. Davis, Jr.
Dorothy Heath
Christine R. Samuels

February 20

Frances B. Anderson

February 12

Megan Willis

February 22

Helen Mack

February 13

Judith Johnson

February 23

Sheila Pollydore

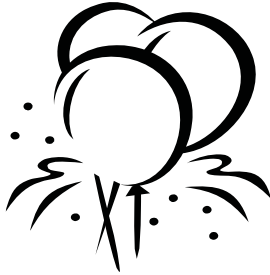
February 14

Judy Chervenak
Mary E. Garrett
Ruth James

February 24

Helen Sykes

March 2016 Birthdays



March 1

Ruth Bryant

March 3

Quay Whitlock

Juanita Young

March 5

Elizabeth H. Royful

March 6

Barbara Johnson

Grace H. Martin

March 7

Judyth Johnson

March 8

Frances Golik

Betty B. Killian

March 9

Anna L. Gannon

March 11

Barbara Garner

Geraldine Jones

March 13

Theresa M. Caruso

March 14

Elise T. Dilliard

March 15

Louis Ficarra

March 17

Ruth P. Burton

Mary Jackson

March 19

Marie Newberry

March 20

Virginia Angelovich

Doris Harris

Alberta Stone

March 21

Ann Celebre

Frederick Lawrence

Johanna Longo

Allison Moore

March 23

Gladys Bond

March 24

Alice Hobbs

Carol W. Katzman

Lois A. Moffit

March 26

Evelyn Whitlock

March 27

Diane Reid

March 29

Beatrice Farrell

Nellie B. Hubbard

March 30

Salvatore J. Corso

Jeanne S. Krausman

March 31

Benecia Rutherford

ESSEX COUNTY SURROGATE, THEODORE N. STEPHENS, II, ESQ.

I was raised in East Orange, New Jersey and I am a proud product of the public school system. In 1972, I graduated from East Orange High School and, as a football scholar-athlete, was inducted into the National Football Foundation Hall of Fame. In 1976, I graduated from Glassboro State College (now Rowan University) with a Bachelor of Arts degree in Political Science/Economics. Thereafter, I attended Seton Hall University Law School in Newark and, as a student, served as a judicial intern for the Honorable Irvin B. Booker at the Newark Municipal Court. In 1980, I earned my Juris Doctor Degree and received the Monsignor Thomas Fahy Award for student activism. After graduating, I completed a judicial clerkship with New Jersey Superior Court Judge Paul T. Murphy and was admitted to the New Jersey Bar. My legal career began as the Eastern Region Attorney for Unisys Corporation. In 1990, I accepted the call to public service as Corporation Counsel for the City of East Orange. In 1994, I began my judicial career by being appointed a judge of the East Orange Municipal Court. Ten Years later, I was appointed to the bench of the City of Orange Township Municipal Court.



On January 1, 2012, I was sworn in as the Essex County Surrogate. Essex County, with 21 municipalities ranging over 127 square miles and a total population of approximately 800,000 residents, is New Jersey's second most populous County and the Surrogate's Court is one of County's busiest courts. Even before taking my oath of office it became clear that too many residents are unaware of the role and responsibility of the Surrogate. Therefore, during my first year of service as Judge of Essex County Surrogate's Court, my goal was to make presentations at council meetings in all 21 municipalities and before numerous community organizations so that Essex County residents can more fully understand the services rendered by the Surrogate's Court. In order to provide an enhanced level of service, we now offer service during extended evening hours on an appointment basis.

As a frequent lecturer and panel participant on the areas on wills, estates and trusts, I am available for presentations to organizations and groups throughout Essex County. As a Constitutional Officer I join with all other elected officials in this county by Putting Essex County First!

REMINDER!

If you have not paid your Chapter dues for 2016 contact Patricia Demming, Membership Chairperson.

REMINDER!

Please remember to bring can food donations to our monthly meeting for the Human Needs Pantry!

Advertisement



Green Stories, LLC

Architecture, Digital Design, Web Design

“Design that Matters, Work that Inspires”

www.GreenStoriesLLC.com
(917) 272-3536

Thomas L Reynolds, Principal

William J. Ewing, P.C.
Counselor at Law

70 Park Street • Suite 200
Montclair, NJ 07042
973-746-9898
Fax 973-746-7738
E-mail: wjewingsq@aol.com

205 Lexington Ave., 4th Fl.
New York, NY 10016
212-NY-EWING • 212-693-9464

William J. Ewing, Esq.
N.Y. Office
By Appointment Only

Advertisement

EURO BARBEQUE
PORTUGUESE STYLE BBQ

367 Bloomfield Ave
Montclair, NJ 07042
973.509.1177
973.509.7111

Hours of Operation
MON - THURS / 11AM - 10PM
FRI - SAT / 11AM - 11PM
SUN / 11AM - 9PM

Arnaldo A. Diaz

Advertisement



**WANDERPOLO & SIEGEL
COUNSELORS AT LAW**

Putting the Pieces Together For Your Peace of Mind

Certified in Elder Law
By the A.B.A., Approved National Elder Law Foundation
AV Preeminent[®] rated

- Long Term Care Advocacy
- Estate Planning
- Care Coordination
- Special Needs Trusts
- Probate & Estate Administration
- Medicare & Health Insurance Appeals
- Asset Preservation
- Trust Administration
- Guardianships
- Veteran Benefits
- Retirement Benefit Planning
- Medicaid Applications

209 Cooper Avenue, Suite #2
Upper Montclair, NJ 07043
Woodcliff Lake Office by appointment
Phone: 973-744-5710 • www.wanderpolosiegel.com

Advertisement

(973) 783-3138

CEASER JEWELERS
WE SELL 14K & 18K FINE GOLD
We Buy Gold & Silver

MICHAEL CEASER
Manager

510 Bloomfield Ave.
Montclair, NJ 07042

Advertisement

Contact Us

AARP CHAPTER WEST ESSEX 131
P.O. Box 183
Glen Ridge, NJ 07028
(973) 707-3037
AARPchapter131@earthlink.com
www.AARPWESTEssex.org

PLACE YOUR AD HERE!

10 Monthly Newsletters and Electron
Newsletters!

Camera-ready Black and White Ad

Business Card: \$100.00
Quarter Page: \$250.00

Make Check payable to:
AARP Chapter #131

Send to:

West Essex Chapter 131 AARP
50 South Fullerton Avenue
Montclair, New Jersey 07042

Brenda McElnea

Certified Elder/Disability Law Attorney

LL.M in Taxation 973-239-9595

Protect your assets and those of your loved ones through
Estate Planning & Elder/Disability Law Planning

Medicaid Planning & Applications
Counseling & Document Preparation * Wills & Trusts * Elder Law
Guardianships * Planning for Special Needs Children
Administration of Trusts and Estates * Estate & Gift Taxes

200 Executive Drive Ste. 100 West Orange, NJ 07052
973-239-9595

Dr. Toniann Roses

Dr. Dean Sottile

555 Passaic Avenue, Suite 204 411 Main Avenue
West Caldwell, NJ 07006 Clifton, NJ 07014
Tel. 973-575-6651 973-473-8975
www.roseschiropractic.com www.godslovechiropractic.com

CHIROPRACTIC CARE..BETTER HEALTH..BETTER LIFE...
FOR ALL PEOPLE..ALL AGES..ALL REASONS

Brookdale ShopRite

The "Super" Market with a HEART



1409 Broad Street
Bloomfield, NJ 07003



Sun Pharmacy

Ph: (973) 429 - 9300
Fax: (973) 429 - 9302
sunrx@yahoo.com

989 Bloomfield Ave, Glen Ridge NJ 07028

Medical & Surgical Supply - Non Sterile Compounding - Cards - Gifts

Tanup Patel
Pharmacist In Charge

Free Delivery!



(973) 763-8123 ADULT, ADOLESCENT, CHILD
FAX (973) 763-8243 MARRIAGE & FAMILY
BILLPOWELLSW@VERIZON.NET ADVOCACY

BILL POWELL, M.S.W., P.A.

LIC. MARRIAGE AND FAMILY THERAPIST
LIC. CLINICAL SOCIAL WORKER

POWELL
GROUP

2130 MILLBURN AVENUE, SUITE D1
MAPLEWOOD, N.J. 07040

AARP MEMBERSHIP IN THE WEST ESSEX CHAPTER 131

To join a local chapter you must belong to the NATIONAL AARP. Membership dues in Local Chapter 131 are \$13.00 per person per year. Dues are for the calendar year January - December 2016. Please make check payable to: WEST ESSEX CHAPTER 131 AARP and mail to:

AARP West Essex
P.O. Box 183
Glen Ridge, NJ 07028
Attention: Patricia Demming, Membership

Or bring to the AARP monthly meeting.

RENEWAL

NEW MEMBERSHIP

CASH

CHECK # _____

NAME: _____ NATIONAL # _____

ADDRESS: _____ TOWN: _____ ZIP: _____

BIRTHDAY (Optional): _____ PHONE #: _____

CELL # _____ EMAIL: _____

DATE: _____



NAME: _____ Contact #: _____

E-Mail Address: _____

Please check the following committees/activities on which you are willing to serve:

Volunteer (Community Service)	_____	Health	_____
Membership	_____	Program	_____
Advertisement	_____	Nominating	_____
Hospitality	_____	Newsletter	_____
Bus Trips	_____	Literature	_____
Legislation	_____	Education	_____
Public Relations	_____	Other	_____

RE M I N D E R !

DON'T FORGET YOUR 2016 CHAPTER DUES

Published for the members of:

**West Essex
Chapter 131 AARP**

By Thomas Reynolds
TReynolds@GreenStoriesLLC.com

SAVE THE DATE!

- Monday, March 7, 10 am - AARP Chapter 131 Board Meeting - Montclair Public Library Auditorium, 50 S. Fullerton Ave, Montclair
- Monday, March 7, 12:30 pm - AARP Chapter 131 Membership Meeting - Montclair Public Library Auditorium, 50 S. Fullerton Ave, Montclair
Guest Speaker: Essex County Surrogate, Theodore N Stephens, II, Esq.
- Monday, April 4, 10 am - AARP Chapter 131 Board Meeting - Montclair Public Library Auditorium, 50 S. Fullerton Ave, Montclair
- Monday, April 4, 12:30 pm - AARP Chapter 131 Membership Meeting - Montclair Public Library Auditorium, 50 S. Fullerton Ave, Montclair
- Monday, April 18, 2016 - 2015 Tax Filing Deadline

AARP “The Power to Make it Better”

Vol. 2, No. 11, 2015 Circulation Manager, Stanley White

AARP Chapter West Essex 131

P.O. Box 183
Glen Ridge, NJ 07028

Dated Material